

Oyster Walk

Unlocking the fascinating story of Cleethorpes Oyster Heritage

Participant Information Sheet

Date: Thursday 9th October

Time/Safety Briefing: 12:00 – 12:30pm at LaCuna, 1 Kingsway, Cleethorpes

Time/Oyster Walk: 12:30/1:00 – 3:00pm

- **Timings are approximate and will be confirmed 2 days before the walk based on tidal and weather conditions.**
- **In the event of high winds and/or heavy rain the walk will be cancelled.**

Medical / Fitness

Participants need to be able to walk comfortably for up to 2 hours across varying terrain. Please ensure any medical conditions have been declared on the registration form.

What to expect:

We will follow the outgoing tide out from LaCuna towards the Clee Ness sand bank where the oysters are beginning to establish new beds. This involves navigating the creeks, channels and mud – your guides be responsible for group safety and route choices.

Come prepared to wade through water, creeks and muddy patches:

- **WELLIES ARE REQUIRED!** (please ensure they have a grippy/ridged sole suitable for walking through mud – not a smooth sole)
- Waterproof / warm trousers (not jeans)
- Warm socks, hat and gloves
- Waterproof jacket
- Bring a high energy snack, ie chocolate bar / jelly sweets / granola bar and small drinks bottle.
- Please bring or share a small waterproof rucksack to put things in ie, hats etc so you can remove layers if it's warmer than anticipated.
- LaCuna have a small range of waterproofs / pack-a-macs available to buy or donate but please do organise this in advance.

As the tide retreats the fauna and flora of the sea is revealed and the opportunity to see a whole host of marine sea life becomes possible.

Caroline, one of our guides, will curate the ecology of marine life and share facts, knowledge and information about the local sea life and how the marine ecosystem works collectively.

The oysters are key to our coastal environment, and we'll hope to see oysters that have been established here for over 20 years. We'll identify the differences between our native oysters that are on the OSPAR list of endangered species and the non-native Pacific Oysters.

Oysters provide a key environment for other species, and we'll see a wide range of marine life.